

# The 27 Vows of Brajabandhu

*His Divine Grace Gour Govinda Swami Maharaja observed  
all these 27 vows in his daily grhastha life.*

1. How many hours did you sleep?
2. At what time did you get out of bed?
3. How many *malas* of *japa* did you chant today?
4. How long did you spend in *nama kirtan* today?
5. How many *pranayamas* (meditations) did you do today?
6. For how long did you perform *asana* today?
7. For how long did you perform one *asana*?
8. Were you regular in your meditation today?
9. How many *Gita slokas* did you read today, or learn by heart?
10. How long did you spend in the company of *sadhus* today,  
(*sat-sanga*)?
11. For how long did you observe *mauna* (silence) today?
12. How long did you spend in disinterested selfless service  
today?
13. How much did you give in charity today?
14. How many *mantras* did you write today?
15. How long did you practise in physical exercise today?
16. How many lies did you tell today, and what did you do to  
atone for this?
17. How many times did you get angry today, for how long and  
what was your atonement?
18. How many hours did you spend in useless company today?

19. How many times did you fail in *brahmacharya* (celibacy) today?
20. How long did you spend in the study of religious books today?
21. How many times did you fall prey to evil habits, and with what self-punishment?
22. How long did you concentrate on your *ishta-deva* — *nirguna*-meditation (spiritual), and *saguna*-meditation (material)?
23. What virtues are you developing?
24. What evil qualities are you trying to eradicate?
25. What *indriya* (sense) is troubling you the most?
26. How many days did you observe in fasting and vigilance?
27. At what time did you go to bed?

This was Brajabandhu’s daily checking system on himself as a householder, *gr̥hastha*.

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**SOURCE:** “*Krsnalingita Vighraha - The Life Story of His Divine Grace Srila Gour Govinda Swami Maharaja*” 1999 ~ TATTVA VICARA PUBLICATIONS ([tvpbooks.com](http://tvpbooks.com))